



## Appetizers & Platters

All prices are subject to HST.  
Platters require 1 day advance notice.

**GOURMET PANINI PLATTER**  
Array of assorted gourmet Panini on fresh Italian bread and Foccaccia

Small platter: (serves 8-10) - \$49.99 per tray  
Large platter: (serves 15-25) - \$82.99 per tray

**MEDITERRANEAN ANTIPASTO PLATTER**  
Assortment of Italian deli meat.

Small platter: (serves 8-10) - \$49.99 per tray  
Large platter: (serves 15-25) - \$82.99 per tray

**ASSORTED CHEESE PLATTER**  
Selection of cheeses and crackers

Small platter: (serves 8-10) - \$49.99 per tray  
Large platter: (serves 15-25) - \$84.99 per tray

**CAPRESE SKEWER PLATTER**  
Bocconcini, Cherry Tomatoes, Fresh Basil on skewers with balsamic dressing dip.

Platter of 20 skewers - \$49.99 per tray

**EGGPLANT APPETIZERS**  
Breaded and pan fried eggplant slices stuffed with sautéed mushrooms, mozzarella and parmesan cheese and sliced in half.

\$4.25 each

**ZUCCHINI FRITELLE**  
Chopped Fresh Zucchini delicately fried with egg batter.

\$1.20 each

**ITALIAN RICE ROLLS (Supplis di Riso)**  
Arborio rice, mozzarella and parmesan cheese, tomato sauce.

\$1.50 each

## A la Carte

### GOURMET PIZZA & FOCCACCIA

All prices are subject to HST.

#### PIZZA

18 gourmet slices - \$34.99 each

##### MARGHERITA

Tomato Sauce, Bocconcini, Basil

##### BRUSCHETTA

Chopped Tomatoes, Garlic, Mozzarella Cheese and Parsley

##### PEPPERONI

Tomato Sauce, Pepperoni, Mozzarella Cheese

##### TUTTO FORMAGGIO (ALL CHEESE)

Tomato Sauce, Mozzarella, Parmesan, Romano Cheese

##### THREE-CHEESE WITH PANCETTA AND MUSHROOMS

Tomato sauce, mozzarella, parmesan, feta, mushrooms and pancetta

##### SALSICCIA ITALIANO

Tomato sauce, mozzarella, crumbled italian pork sausage, mushrooms and caramelized onions, red peppers

##### PIZZA BIANCA

Extra virgin olive oil, thin sliced Potato, oregano

##### PROSCIUTTO AND ARUGULA (SEASONAL)

Tomato sauce, mozzarella cheese, sliced prosciutto topped with arugula

#### FOCCACCIA

24 Pieces

Stuffed with a sauteed filing of spinach, onions and sundried tomatoes  
\$69.99

Stuffed with sautéed rapini  
\$79.99

## A la Carte

### GOURMET SALADS & SIDES

All salads are one size and serve 10-15. All prices are subject to HST.

#### CLASSIC SALADS - \$35.99 each

##### ITALIAN GARDEN SALAD *Gluten Free*

Crisp salad, crunchy fresh vegetables, Pasta Gourmet signature balsamic dressing

##### CAESAR SALAD

Fresh romaine lettuce, Pasta Gourmet signature fresh Caesar dressing Foccaccia croutons, parmesan cheese

##### MIXED BEAN AND CHICKPEA SALAD *Gluten Free*

Mixed beans, chickpeas, carrots, red peppers, celery, red onions, chopped parsley, Italian balsamic dressing

##### CREAMY POTATO SALAD *Gluten Free*

Potatoes, egg, creamy mayonnaise, fresh chopped parsley

##### ITALIAN PASTA SALAD

Pasta, fresh vegetables, fresh herbs, parmesan cheese, Italian dressing

#### SIGNATURE SALADS - \$54.99 each

##### CAPRESE SALAD *Gluten Free*

Fresh Italian bocconcini, cherry tomatoes, basil, balsamic dressing

##### SPELT GRAIN (FARRO) SALAD

Spelt Grain, fresh vegetables, feta cheese, lemon olive oil dressing

##### QUINOA SALAD *Gluten Free*

Quinoa, crisp vegetables, dried cranberries, extra virgin olive oil

##### ROASTED BEET SALAD *Gluten Free*

Slow roasted sweet red beets, feta cheese, walnuts, extra virgin olive oil

##### SPINACH AND ARUGULA SALAD *Gluten Free*

Spinach, fresh arugula with parmigiano cheese, dried cranberries, grilled peppers, zucchini, red onions, walnuts with a honey mustard dressing

#### SIDES

Minimum order of 12 people per item. All prices are per person and subject to HST.

Mushroom/Peas/Roasted Potatoes/Sautéed Carrots  
\$3.50 each per person

Sautéed Rapini/Grilled Vegetables/Green Beans  
\$4.50 each per person



## Buffet Menu

Minimum of 12 people. All prices are per person and subject to HST.

#### MENU 1 - \$8.50 PER PERSON

- Choice of pasta (Penne or Rigatoni in Arrabiata, Tomato, Rose or Alfredo sauce)
- Garden salad
- Garlic Bread

\*Substitute pasta for Lasagna or Cannelloni: \$10.50

#### MENU 2 - \$13.95 PER PERSON

- Lasagna or Cannelloni (2 cannelloni pp)
- Veal or Chicken Parmigiana (1 cutlet pp)
- Garden salad
- Garlic Bread

#### MENU 3 - \$17.95 PER PERSON

- Lasagna or Cannelloni (2 cannelloni pp)
- Veal or Chicken Parmigiana (1 cutlet pp)
- Choice of Vegetable\*
- Garden salad
- Garlic Bread

#### MENU 4 - \$18.95 PER PERSON

- Choice of pasta (Penne or Rigatoni in Arrabiata, Tomato, Rose or Alfredo sauce)
- Veal or Chicken Scaloppine in mushroom cream sauce (combo add \$2.00 per person)
- Choice of Vegetable\*
- Roasted Potatoes
- Garden salad
- Garlic Bread

#### MENU 5 - \$15.95 PER PERSON

- Choice of pasta (Penne or Rigatoni in Arrabiata, Tomato, Rose or Alfredo sauce)
- Filet of Fish (Breaded and pan fried or oven baked with bruschetta topping)
- Choice of Vegetable\* or Vegetable Rice
- Garden salad
- Garlic Bread

\*The choice of vegetable includes peas, carrots or mushrooms. Other vegetables are available a la carte per person. All buffet menus come with Garden Salad with homemade dressing. An additional charge applies to substitute to Caesar Salad.

## A la Carte

### FRESH PREPARED PASTA

Minimum order is 12 people per item. All prices are per person and subject to HST.

#### LASAGNA

(Meat, Cheese & Spinach or Vegetarian Lasagna)  
\$6.95

#### EGGPLANT PARMIGIANA

\$6.95

#### CANNELLONI (Meat or Cheese & Spinach)

with Tomato sauce (2 pieces)  
\$6.50

#### RAVIOLI (Meat or Cheese & Spinach)

with Tomato Sauce or Rose sauce  
\$6.50

#### RAVIOLI ALFREDO (Meat or Cheese & Spinach)

\$6.95

#### TORTELLINI (Meat or Cheese)

with Tomato or Rose Sauce  
\$6.50

#### TORTELLINI ALFREDO (Meat or Cheese)

\$6.95

#### PENNE OR RIGATONI

with Arrabiata, Vodka, Tomato or Rose sauce  
\$6.50

#### PENNE ALFREDO

\$6.95

#### RIGATONI BOLOGNESE

\$6.95

## A la Carte

### MEAT & FISH

Minimum order is 12 people per item. All prices are per person and subject to HST.

#### MEAT

##### GRILLED CHICKEN BREAST *Gluten Free*

\$6.25

##### CHICKEN CUTLETS

\$6.50

##### VEAL CUTLETS

\$6.50

##### VEAL OR CHICKEN PARMIGIANA

\$6.75

##### VEAL OR CHICKEN SCALOPPINE

\$7.25 - (Combo add \$2.00)

##### CHICKEN PICATTA

\$7.25

##### ITALIAN SAUSAGE *Gluten Free*

\$5.50

##### ITALIAN SAUSAGE PEPPERONATA *Gluten Free*

(Pork sausage stewed with peppers, onions and tomatoes)  
\$6.50

##### MEATBALLS (Veal)

Tray of 20 - \$25.99

#### FISH

##### FILET OF FISH

(Breaded and pan fried or oven baked with bruschetta topping)  
\$7.95

##### FRITTURA DI PESCE (Shrimp and Calamari)

\$12.75

##### ITALIAN SEAFOOD SALAD

(Shrimp, Calamari, Crab and Mussels)  
\$15.95

Humbertown Shopping Centre  
270 The Kingsway Suite 79  
Etobicoke, Ontario  
M9A 3T7

To place an order please call 416.207.0212 or send an email to info@pastagourmet.ca

30% non refundable deposit is required on all catering orders.

Delivery can be arranged on buffet menus only. The minimum order for delivery is \$200.00 and must be arranged in advance. If the order is under the minimum the order must be picked up. Delivery charges apply based on location. Please contact the store for more information.

Prices are subject to change without notice.



  
**PASTA**  
*Gourmet*